

K 3 000 m

Carina Andersson	-67	10.11,64	Göteborg	27/5 1989
Gunhild Westling	-71	10.11,75	Gävle	13/8 1989
Ebba Berglin	2001	10.32,95	Huddinge	3/8 2018
Maria Larsson	-74	10.51,05		1991
Malin Ericsson	-72	10.58,85		1988
Maria Christensson	-69	11.02,78		1992
Åsa Persson	-74	11.05,6m		1992
Anna-Karin Gunnarsson	-65	11.16,1m		1981
Jenny Eigert	-85	11.18,65		1999
Louise Liljeqvist	-69	11.19,83		1985
10				
Ida Maurin	-79	11.21,54		1994
Cecilia Nilsson	-66	11.28,05		1984
Patricia Rovina	-75	11.31,51		1992
Emma Claesson	-77	11.56,77		1994
Livia Faraasen	2003	11.59,52	Linköping	22/8 2021
Helena Gummesson	-73	12.11,27		1988
Gunilla Karlsson	-73	12.30,97		1989
Ann-Christin Sundahl	-67	12.53,0m		1983
Jenny Swartz	-69	12.53,9m		1983
Marie Bergqvist	-68	13.05,0m		1983